

TOILETING/NAPPY CHANGE INFORMATION FOR FAMILIES

Victorian Early Years Learning and Development Frameworks: Practice Principle - Partnerships with Families

Children will begin kindergarten at different stages in their journey towards independent toileting. We aim to work individually with families to support their child in this journey.

Unlike Long Day childcare/Early learning services, we do not have a dedicated change room and we do not have staff specifically available for nappy changes and toileting at any given time. We do a great job supporting children, but don't have those extra services you might find in childcare settings for nappy changing/toileting. We are also working toward full independence with toileting as part of school readiness.

We aim to work with your family in partnership to support your child with nappy changes and toileting in ways that balance child and family needs as well as our staffing levels and supervision requirements.

CHILDREN IN NAPPIES/PULL UPS:

- Children should arrive at kindergarten in a fresh nappy/pull up. The first hour or so of each session is always very busy and we can find it challenging to change children who have arrived in a night/dirty nappy.
- We will ask you to stay and change your child if they require a change upon arrival.
- Families will need to provide all nappies, pull ups and wipes. We do not have our own supply. We can provide a cloth bag to store your child's supplies in to be left at kindergarten and you can top these up weekly/as needed.
- You know your child's change needs best so will know how many nappies you would use per day. You need to provide 2 days' worth per week. Please provide a few more nappies/pull ups than you might normally use at home to cover any extra change requirements.

TOILETING:

- If your child is at the stage of learning to use the toilet, we ask families to take their child to the toilet, work through their toileting routine and wash hands upon arrival.
- If you have a toileting plan you are working on with your child, please share this with kindergarten.
- We will remind children approximately every hour to use the toilet.
- Families will need to send multiple changes of clothing, including socks and possibly spare shoes.

**"Education is not preparation for life;
education is life itself."** John Dewey



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- Staff will work with children to promote full independence when toileting. This includes children wiping themselves after both urinating and using their bowels. Generally, staff will not do this for children.
- Families can support children at home by promoting as much independence as possible when toileting.
- Mess is inevitable when learning about the toilet. Supporting children to understand this is okay and to have good hand hygiene helps take away some of the pressure when learning to wipe themselves.
- Families can provide wipes for children to clean themselves. Please make time to talk to your child's teacher to create a shared plan if this is needed. The kindergarten does not provide wipes. Families will need to supply these themselves.
- We are supporting your child's toileting journey, but ultimately, the responsibility for training is with families.

As mentioned, we do not have a private change space. We work hard to maintain the dignity and right to privacy of every child during toileting and changing but this is not always possible during the morning arrival or afternoon dismissal periods. By working together, we can aim to provide a same and respectful toileting and change experience for every child.

We thank you in advance for your co-operation and we look forward to working in partnership with you this year at Greenbrook Kindergarten.

Kind regards,

Greenbrook Kindergarten Team.

"We acknowledge the Wurundjeri Willum People of the Kulin Nation, the traditional custodians of the Country on which we gather and pay our respects to their Elders both past and present and emerging."



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